

MARCH EDITION

# KNIGHTLY NEWS

MLCPA NEWS & EVENTS

## COVID\_19

WAYS TO SAFE

SOCIAL DISTANCING

DO YOUR PART TO  
STOP THE SPREAD

**CAMPUS  
NEWS**

**DISTRICT NEWS**

**DISTANT LEARNING  
UPDATES AND RESOURCES**

# MATTER OF PRINCIPAL:

Dear MLCPA School Community,

Thank you for your understanding, support, and trust as we work through the process of delivering distance learning. This is uncharted territory for all of us, so we must all exercise patience with each other moving forward. We have reformatted the ***Knightly News*** to share weekly updates from our administrative team and teachers. This format will streamline communication to you from us. Should you have questions or concerns regarding instruction you may contact our teachers or administrative team directly via email. Please continue to stay connected to us as we work to provide high quality instruction during this unprecedented time.

Thank you again and stay safe!

**Dr. Dameion Crook**

Proud Principal  
MLCPA

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## Magnet Info:

Transfers & Phase 1 & 2 Timelines have been extended to June 1st

**Mr Prince** | [JPrince@houstonisd.org](mailto:JPrince@houstonisd.org)

# Deans Corner:

## **Graduation:**

EOC testing requirements have been waived.

It is unclear what other requirements will be waived by the state or board.

Commencement will most likely be delayed to at least the end of the summer.

We will send updates once we have them.

## **SAT Testing:**

The SAT School Day administration will be moved from April 28, 2020 to October 14, 2020.

Current juniors will sit for it in October as seniors.

Students should sign up for the June or August SAT if they want to meet early action/decision deadlines for Fall of 2020.

## **AP Testing:**

Traditional face-to-face exam administrations will not take place.

Students will take a 45-minute online free-response exam at home.

For each AP subject, there will be 2 different testing dates.

The full exam schedule, specific free-response question types that will be on each AP Exam, and additional testing details will be available by April 3 on CollegeBoard.

## **Report Cards:**

The 5th cycle still ends on April 3rd, report cards will be sent out the following week.

## **6th & 7th Grade Content:**

6th grade parents, please utilize the following link for important information, updates, and upcoming assignments for your student(s). All core teachers contact information is provided. Please feel free to reach out via remind, text, or phone for questions, concerns, or additional assistance. As a team, we are here to help you in this new adventure of learning.

# Counselor's Corner

3/25/20

Greetings Mickey Leland Family!

I hope this finds you safe and healthy. I know you must have a lot of questions as we navigate our temporary "new normal" and I hope I will be able to answer a few in this letter.

First, let me assure my students that my job as your counselor has not changed. I am here to support you and your families in whatever way I can.

I know everyone is being bombarded with information from all angles, so the main goal of my newsletters will be to share out various community resources as well as information related to coping with stress and anxiety, practicing mindfulness and mediation, and anything else I feel may help along the way.

I am still awaiting final clarification from HISD on how best to proceed with individual and small group counseling in a way that honors confidentiality and compliance. Once I have this information, I will follow up with more information about how to set up appointments, give parental consent for counseling, etc.

Remember, we are all navigating this uncharted territory together. NO ONE has everything figured out and NO ONE expects you to. We will get through it together.

Please feel free to reach out with any questions or concerns- academic, emotional or otherwise. Open communication is going to be ESSENTIAL. My contact information is below:

**Email:** [Iysha.riley@houstonisd.org](mailto:Iysha.riley@houstonisd.org)

**Phone:** 832-521-8332 (Text is always preferred ☺)

## Quick Self Care Tips for Students and Parents

- **Limit Your Consumption of Media** – Limit excessive exposure to media and give yourself time to decompress from the never-ending stream of information. Fixating on the possibility of danger only increases anxiety.
- **Stay Connected and Get Reconnected**- Though physical isolation is necessary at this time, you can still stay connected with friends and family through text, phone calls and social media. This may also be a good time to reconnect with the people that live in your home. Often, we get so distracted by external factors that we neglect the people that are closest (literally)to us.
- **Get Moving**- You can still get outside and enjoy some fresh air and exercise. Go for a walk or run. Download a fitness app. Just remember to practice social distancing.
- **Practice Gratitude**- Instead of focusing on what you may not have or may no longer be able to do, make a list of all the things you are grateful to still have in your life and to still be able to do.

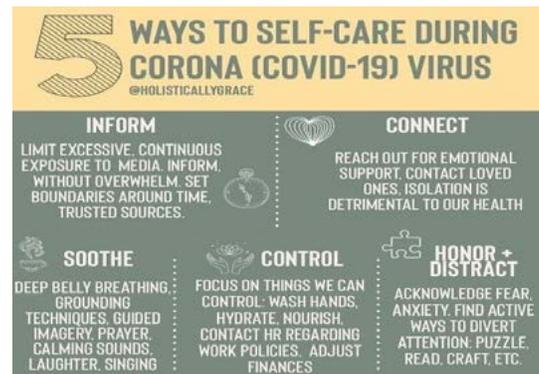
## HELPFUL CONTACTS

Crisis Text Line- Text TALK to 741741

Texas Health and Human Services (assistance with food, housing, mental health services, etc.)- Dial 211

National Suicide Prevention Lifeline - 1.800.273.8255

See Something, Say Something Anonymous Reporting System- 1-844-572-9669



# Additional Resources

Below you will find resources that I think you will find most immediately helpful. I will send out more as they come in.

## **Free/Low Cost Home Internet**

- Xfinity WiFi hotspots across the country will be available to anyone who needs them for free – including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit [www.xfinity.com/wifi](http://www.xfinity.com/wifi). Once at a hotspot, consumers should select the "xfinitywifi" network name in the list of available hotspots and then launch a browser.
- Comcast Xfinity is currently offering its [Internet Essentials](https://www.internetessentials.com/) program free for two months to new customers. The internet provider is also automatically increasing speeds for all Internet Essentials customers. <https://www.internetessentials.com/>
- Charter will offer free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription and at any service level up to 100 Mbps. To enroll call [1-844-488-8395](tel:1-844-488-8395). Installation fees will be waived for new student households.
- Altice internet providers Suddenlink and Optimum are offering 60 days of free internet service for households with K-12 or college students. Internet speeds are up to 30 Mbps if you do not already have access to a home internet plan. To sign up, call [1-866-200-9522](tel:1-866-200-9522) if you live in an area with Optimum internet service, or call [1-888-633-0030](tel:1-888-633-0030) if you live in an area with Suddenlink internet service.

## **Meals for Students and Families**

- Interactive map that will help parents locate local education facilities serving meals in their communities. <https://schoolmealfinder.hoonuit.com/>
- Houston Food Bank and community partners

<https://www.houstonfoodbank.org/covid19/>

## **Unemployment Benefits**

<https://twc.texas.gov/jobseekers/unemployment-benefits-services>

## **Harris County Self-Assessment Tool to determine if you should be tested for Covid 19**

<https://www.readyharris.org/>

## **Helpful Articles Related to Reducing Stress and Anxiety**

- Supporting Teenagers and Young Adults During the Coronavirus Crisis

<https://childmind.org/article/supporting-teenagers-and-young-adults-during-the-coronavirus-crisis/>

- 5 Ways to Help Teens Manage Anxiety About the Coronavirus

[https://www.nytimes.com/2020/03/11/well/family/coronavirus-teenagers-anxiety.html?fbclid=IwAR2Pp6MN35Zm-r40i8TGhY\\_WdBiUoRtRiex9xXSuyCKeOTWPPpLRCgs\\_9aew](https://www.nytimes.com/2020/03/11/well/family/coronavirus-teenagers-anxiety.html?fbclid=IwAR2Pp6MN35Zm-r40i8TGhY_WdBiUoRtRiex9xXSuyCKeOTWPPpLRCgs_9aew)

- Help Your Family De-Stress During Coronavirus Uncertainty

<https://www.commonsemmedia.org/blog/help-your-family-de-stress-during-coronavirus-uncertainty>

# COLLEGE CENTER

## ACT

The April 4, 2020 administration has been rescheduled for June 13, 2020.

See website for real-time updates.

**\*\*If you need a fee waiver please email me. (These are only available for current juniors and seniors)**

## SAT

March 28 and May 2 administrations are cancelled.

June 6, 2020 administration not cancelled (yet).

See website for updates. Free resources available at <http://khanacademy.org/sat>

Juniors: SAT School Day will be moved from April 28, 2020 to October 14, 2020. The current juniors will sit for this test in Oct. as seniors.

***\*\*To qualify for a SAT fee waiver, you would have been identified during the PSAT. Students should log into their College Board accounts to check their status under MYSAT page. Paper fee waivers are no longer given out.***

## AP Testing

Traditional face-to-face exam administrations will not take place. Students will take a 45-minute online free-response exam at home. See website for more information.

As with all information, this is continuously changing as we navigate this uncharted territory. I will keep juniors and seniors updated with new information as it is presented. Please lookout for a more detailed college admissions update for juniors and seniors at a later time.

For information regarding College Readiness, please email Ms. L. Walker at [lwalke14@houstonisd.org](mailto:lwalke14@houstonisd.org)

# SOCIAL MEDIA

Don't forget to follow these social media handles:

Twitter: **@MLelandPrep**

Instagram: **mlcpa\_knights**

# FACULTY INFORMATION

<b>NAME</b>	<b>EMAIL</b>	<b>Classroom Channels</b>
Berry, Lia	Lia.Berry@houstonisd.org	HISD HUB   Google Classroom
Broz, Peter	Peter.Broz@houstonisd.org	Microsoft Teams
Chapa, Jose Rene	JCHAPA@houstonisd.org	SPEDI504 Coordinator
Coronado, JoAnn	JCORONAD@houstonisd.org	H.O.M.E. (All core subjects) HUB (Imagine Math and Literacy/Language) EdPuzzle.com (ELA/Math, Science) Commonlit.com (ELA) NoRedInk.com (ELA) Khan Academy (Math/Grammar)
Devore, Derek	DDEVORE@houstonisd.org	H.O.M.E.   HISD HUB <a href="http://www.mlcpaonline.wixsite.com/grade7">www.mlcpaonline.wixsite.com/grade7</a>
East, Arnessa	Aeast@houstonisd.org	MS Teams   Socrative
Fazalbohay, Zainab	ZFAZALBH@houstonisd.org	H.O.M.E.   HISD HUB
Fascino, Christina	Christina.Fascino@houstonisd.org	Google Classroom   Remind
Fritzenschaft, Mark	MFRIITZEN@houstonisd.org	Dean of Instruction
Fuentes, Marcos	Marcos.Fuentes@houstonisd.org	Google Classroom
Gallegos-Escobar, Janett	Janett.GallegosEscobar@houstonisd.org	<a href="http://www.mlcpaonline.wixsite.com/grade6">www.mlcpaonline.wixsite.com/grade6</a>
Garza, Anthony	Anthony.Garza@houstonisd.org	HISD HUB
Gundlapalli, Chalapathi	CGUNDLAP@houstonisd.org	HISD HUB   Khan Academy   Zoom
Jordan, Chelsea	Chelsea.Jordan@houstonisd.org	Google Classroom   Remind
Laforet, Nicole	NWALKER3@houstonisd.org	HISD HUB
Laforet, Paul B	PLAFORET@houstonisd.org	Microsoft Teams
Laker, Zane	ZLAKER@houstonisd.org	Mickey Leland Physical Education Facebook page
Lifsey, Carmelita	CLIFSEY@houstonisd.org	HISD HUB   Khan Academy   Imagine Learning
Lueckenhoff, Mark	MLUECKEN@houstonisd.org	HISD HUB   Remind
McBride, Alex	Alexander.McBride@houstonisd.org	<a href="http://www.mlcpaonline.wixsite.com/grade6">www.mlcpaonline.wixsite.com/grade6</a>
McNairy, Erin	EMCNAIRY@houstonisd.org	Mickey Leland Physical Education Facebook page
Melton, Tara	Tmelton@houstonisd.org	Grades, Campus Communication
Mikell, Diondre	Diondre.Mikell@houstonisd.org	Google Classroom   IG @Mikell.university
Prince, Jason	JPRINCE@houstonisd.org	Magnet Coordinator
Riley, lysha	lysha.Riley@houstonisd.org	Counselor
Salazar, Sir	SSALAZA7@houstonisd.org	Technology Specialist
Shelton, Byron	BSHELTO3@houstonisd.org	H.O.M.E.   HISD HUB
Vaporciyan, Alexander	Alexander.Vaporciyan@houstonisd.org	Microsoft Teams
Walker, Latrale	LWalke14@houstonisd.org	College Readiness   Group ME   Email
Watson, Marcus	Marcus.Watson@houstonisd.org	Google Classroom
Wilkerson, Lauren	Lauren.Wilkerson@houstonisd.org	Microsoft Teams

# Middle School News:

## Greeting 6th Grade

[www.mlcpaonline.wixsite.com/grade6](http://www.mlcpaonline.wixsite.com/grade6)

## Greeting 7th Grade

[www.mlcpaonline.wixsite.com/grade7](http://www.mlcpaonline.wixsite.com/grade7)

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## Greeting 8th Grade Parents and Guardians,

We hope all is well during this challenging time. The 8 th grade team is working hard to ensure all our students are still able to receive a quality education while at home. As we move forward with online learning, the following websites will be used to provide easy access to the assignment's students will need to complete; HOME, Google Classroom, HUB, Google Meets, YouTube and Remind. Each teacher will contact students with instructions on access to assignments and lessons. We also understand that our 8 th grade activities have been cancelled and dues have been paid. We are developing the best plan of action to distribute refunds. If you have any questions or concerns, please feel free to reach out.

Mr. Mikell (Math) – [Diondre.Mikell@houstonisd.org](mailto:Diondre.Mikell@houstonisd.org)

Ms. East (Science) – [aeast@houstonisd.org](mailto:aeast@houstonisd.org)

Ms. Frascino (History) – [Christina.Frascino@houstonisd.org](mailto:Christina.Frascino@houstonisd.org)

Ms. Wilkerson (Reading/ELA) - [Lauren.Wilkerson@houstonisd.org](mailto:Lauren.Wilkerson@houstonisd.org)

Thank you,

**8 th Grade Team**